

# OREGON CASCADES WEST MEALS ON WHEELS

# May

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>ALLERGEN DISCLAIMER:</b> Meals prepared in this kitchen may contain or come into contact with tree nuts, sesame, peanuts, soy, eggs, milk, fish, crustacean shellfish, wheat, and gluten-containing products. Despite precautions, cross-contact may occur. We cannot guarantee meals are allergen-free. Please inform a team member if you have a food allergy.		<b>Suggested Donation:</b> <b>\$3.50 per Meal.</b> <b>Milk Served with Meals.</b> <b>WE ACCEPT THE OREGON TRAIL CARD.</b>	<i>New!</i> New Menu Item Vegetarian Item Meal over 1,000 mg of Sodium	<b>1</b> Chicken Tortilla Soup <i>Ground Beef Stew</i> Romaine Iceberg Salad Spinach Rye Bran Roll Fresh Apple Slices
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
Chicken Sausage Jambalaya <i>Southwest Pasta</i> Collard Greens Carrot Raisin Salad French Roll Fresh Orange	<b>Cinco de Mayo Special</b> Beef Tamale Pie <i>Chicken Mole w/ Flour Tortilla</i> Pinto Beans Romaine Iceberg Salad Churro Milk	<b>Cinco de Mayo Special</b> Chicken Fajita Bowl <i>Pork Carnitas w/ Verde Salsa</i> Whole Kernel Corn Cucumber and Red Onion Flour Tortilla Cinnamon Chocolate Pudding	Chicken Pot Pie <i>Turkey a la King</i> Green Beans Creamy Coleslaw Biscuit Fresh Apple Slices	<b>Mother's Day Special</b> Chicken Breast Supreme <i>Homestyle Turkey Patty w/ Onions and Brown Gravy</i> Au gratin Potatoes Green Beans Sunflower Seed Bread Carrot Cake
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
Macaroni & Cheese <i>Farmer's Chicken Stew</i> Stewed Tomatoes Garlic Spinach Rye Bran Roll Pears	Lime Chicken <i>Baked Tilapia w/ Spanish Sauce</i> Brown Cilantro Lime Rice Whole Kernel Corn Fiesta Vegetables Fresh Apple Slices	Creamed Chicken & Vegetables <i>Roast Pork w/ Pork Gravy</i> Whipped Potatoes Peas and Carrots Oat Bran Bread Lemon Poppy Seed Cake-Birthday	<i>New!</i> Mongolian Chicken <i>New!</i> <i>Sweet &amp; Sour Meatballs</i> Brown Rice Kyoto Vegetables Ginger Carrots Fresh Banana	Garden Turkey Mini Salad <i>BBQ Chicken Mini Salad</i> Over Greens Pickled Beets Herb Roll Tropical Fruit
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
Sloppy Joe <i>New!</i> <i>Buffalo Ranch Chicken Sandwich</i> Baked Beans California Vegetables WG Hamburger Bun Fresh Orange	Butter Chicken <i>Kalua Pork w/ Teriyaki Sauce</i> Jasmine Rice Sesame Green Beans Carrot Mandarin Salad Fresh Apple Slices	Baked Chicken <i>New!</i> <i>w/ Mediterranean Sauce</i> <i>Breaded Fish w/ Tartar Sauce</i> Orzo Lemon Pasta Tomato, Cucumber, Feta Salad Blushing Pears	Chicken Parmesan Sandwich <i>New!</i> <i>Vegetarian Sloppy Joe</i> Brussels Sprouts Marinated Zucchini Salad Hamburger Bun Spiced Peaches (warm)	Cheeseburger Tomatoes and Pickles Mayo/Mustard <i>BBQ Pulled Pork Pickles</i> Baked Beans Coleslaw WG Hamburger Bun Gelatin w/ Whipped Topping
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
<b>Closed</b>	Broccoli Strata <i>Pork Sausage Patty w/ Cheese</i> Diced Potatoes California Vegetables Biscuit Applesauce Milk	Beef Spanish Rice <i>Chicken Mushroom Bake</i> Whole Kernel Corn Coleslaw Seven Grain Roll Fresh Orange Milk	Meatloaf w/Brown Gravy <i>Hawaiian Chicken w/Sauce</i> Delmonico Potatoes Mixed Vegetables Oat Bran Bread Fresh Apple Slices	Baked Chicken w/ Alfredo Basil Sauce <i>Potato Crusted Fish w/ Lemon Caper Sauce</i> Orzo Pasta (Hot) Club Spinach Pineapple Slaw Foccacia Bread Fresh Pear